



WHAT CAN I DO TO SUPPORT REFORMS TO THE GENDER RECOGNITION ACT?

Contact your MP

1. Find out who your MP is. You can find out here: www.writetothem.com
2. Find out what their stance on LGBT+ issues has been in the past. You can do that here: <https://www.theyworkforyou.com/>
3. Stay positive if they haven't got a good track record with LGBT+ issues in the past. It is important that they hear a more personal account of how GRA reform would benefit their constituents. However, use your knowledge of their voting record to tailor your communications with them.
4. Decide whether you want to write to your MP by e-mail or letter, or whether you want to visit them in person at their constituency office.
5. Writing to your MP:
 - Introduce yourself.
 - Tell them why reforms to the Gender Recognition Act (GRA) are needed.
 - Explain your personal experiences (or the experiences of a trans person you know) in relation to the GRA.
 - Tell what changes to the GRA are needed.

Not sure what to say? Have a look at our guide to GRA reform.

Tell other people about it

- Tell friends, family and colleagues.
- Share information about the reforms on social media.
- Talk to local community groups and ask for their support: Women's Institute, Trade Union branches, local political party branches, LGBT+ social groups.
- Contact the local paper - If you intend to do this, visit www.transmediawatch.org for guidance and remember that local stories sometimes go national.
- Use TransActual flyers and guides to support you.

#FactsAboutTrans