

# Video transcript: Quick explainer of a the English GIC Pathway

A typical care pathway for medical transition in England via NHS Gender Dysphoria Clinics.

GP referral to a Gender Dysphoria Clinic (or pilot clinic where relevant).

Long wait.

For some: Bridging prescription, private prescription, self-medication.

Gender dysphoria clinic: 1st appointment.

In some cases: GP referral for fertility preservation.

Gender dysphoria clinic: 2st appointment might include HRT prescription.

GP responsibility for prescribing and monitoring.

Gender dysphoria clinic: Additional appointments may result in referral for speech therapy, hair removal, surgery.

Long wait. NHS referrals for transition related care such as hair removal and surgery go via GDNRSS.

Long wait. For some: Private surgery in the UK or overseas.

Surgery. NHS centrally funded: genital surgery, masculinising mastectomy. ICS funded: hysterectomy as a stand alone procedure. Only available privately: facial feminisation, breast augmentation, vocal surgery etc.

Wound care and catheter removal sometimes needed locally.

Once hormone levels are stable and surgeries completed: Continuing care from GP practice.

Remember: each trans person will want different things from their transition.