

Transgender Care Resources

Gender Change on GP records

<https://transactual.org.uk/gp-surgery-trans/>

Gender Affirming surgery

This can be accessed on the NHS only via Gender Clinics and may require re-referral to a clinic for this purpose.

English NHS Gender Services

[Leeds](#)

[Northampton](#)

[Newcastle](#)

[Sheffield](#)

[London](#)

[Devon](#)

Additional Services:

[Cambridge:](#)

[Sussex](#)

[Transplus](#)

[Cheshire and Merseyside:](#)

[Manchester:](#)

[Wales:](#)

[Northern Ireland:](#)

Screening Links

Cancer Research UK

<https://www.cancerresearchuk.org/about-cancer/spot-cancer-early/screening/trans-and-non-binary-cancer-screening>

NHS population screening: information for trans and non-binary people - GOV.UK

<https://www.gov.uk/government/publications/nhs-population-screening-information-for-transgender-people/nhs-population-screening-information-for-trans-people>

Breast Cancer risks

<https://preventbreastcancer.org.uk/about-breast-cancer/transgender-chest-awareness/>

Contraception links

<https://www.cosrh.org/Public/Public/Documents/fsrh-ceu-statement-contraceptive-choices-and-sexual-health-for-non-binary-people.aspx>

Gamete Storage

<https://www.hfea.gov.uk/treatments/fertility-preservation/information-for-trans-and-non-binary-people-seeking-fertility-treatment/>

Contraception

<https://www.cosrh.org/Public/Documents/fsrh-ceu-statement-contraceptive-choices-and-sexual-health-for-non-binary-people.aspx?WebsiteKey=f858b086-d221-4a83-9688-824162920b1b>

UK Cancer and Transition Service for Professionals

<https://www.wearetransplus.co.uk/uk-cancer-and-transition-service-for-professionals/>

Mental Health resources

<https://transactual.org.uk/>

Trans specific

- [Mindline Trans](#) – 0300 330 5468 (open Friday evenings)
- [TRUK Listens](#) – 0800 009 6640 (open 8am-midnight, 7 days a week)

LGBT+ specific

- Black and Brown Rainbow – 0800 054 1097 (open 6pm-8pm on Mondays and Wednesdays), info@blackandbrownrainbow.com
- [LGBT Foundation Helpline](#) – 0345 3 30 30 30 (open 9am-8:30pm Monday to Friday, 10am-5:30pm at the weekend)
- [LGBT+ Helpline Scotland](#) – 0800 464 7000 (open 12pm-9pm on Tuesdays, Wednesdays and Thursdays, 1pm-6pm on Sundays)
- [Switchboard LGBT+ Helpline](#) – 0800 0119 100 (open 10am-10pm, 7 days a week)

General

- [Mindline](#) – 0800 138 1692 (open 24hrs, 7 days a week)
- [SANEline](#) – 0300 304 7000 (4pm-10pm, 7 days a week)
- [Samaritans](#) – 116 123 (open 24hrs, 7 days a week)
- [Shout](#) – text 85258 (open 24hrs, 7 days a week)

[Find your local NHS crisis support line on the NHS website.](#)

Coding There has been changes made to the coding available within Snomed with historic codes being retired. These should start to appear in clinical systems through 2026. There is no code for Transgender Care review as yet, but there are codes for annual review completed.

NEW Snomed codes

Gender Incongruence (ICD-11-aligned codes):

- **1332230002** — *Gender incongruence (finding)*
- **1332232005** — *Gender incongruence in adolescence (finding)*
- **1332233000** — *Gender incongruence in adulthood (finding)*
- **1332231003** — *Gender incongruence in childhood (finding)*

Gender Identity Codes:

- **33791000087105** — *Identifies as nonbinary gender*
- **3257069100036108** --- Intersex
- **1332083003** — *Identifies as transgender male (finding)*
- **1332082008** — *Identifies as transgender female (finding)*

Retired codes

Transsexualism 407374003

Male to female transsexual 407376001

Female to male transsexual 407345003

Transsexuality with asexual history 472945003

Transsexuality with heterosexual history 472946002

Transsexuality with homosexual history 472947006

Previously bisexual transsexual 472977000

Transsexual voice 229641005

Bilateral mastectomy for female to male transsexual 870629001

Surgically transgendered transsexual, male to female 407378000

Male to female transsexual person on hormone therapy 714186001

Female to male transsexual person on hormone therapy 714189008

Further information

[Pride in Practice](#)