



# Training and Consultancy for Healthcare Providers

## Training

Our training is developed and delivered by our trans led and run team, ensuring that trans people's voices are central to the training you receive. We can offer the training online, in-person or as a hybrid session and will adapt any session to meet your organisational needs and priorities.

- 90 minute workshops
  - An introduction to trans inclusive healthcare
  - Trans Inclusion in Primary Care
  - Trans people's barriers to care, health inequalities and how to overcome them
  - Including and supporting trans colleagues
  - A bespoke workshop to suit your needs
- Half day workshops
  - Trans inclusive healthcare and overcoming trans people's barriers to accessing care
  - Trans inclusion in Primary Care
  - Trans inclusion at work and in healthcare
  - A bespoke workshop to suit your needs
- Workshop series
  - A bespoke curriculum of six workshops, designed with your progress in mind by our experienced team.
  - A series of workshops for different teams within your setting or service, with each team attending a workshop adapted to their specific context and patient group.



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## Consultancy

Our expert team can offer consultancy on:

- Policies in relation to trans inclusion for staff and patients
- Trans inclusive forms and terminology
- Targeted health promotion materials
- Trans inclusive systems and processes

## Why TransActual

As a trans led and run organisation, we have the knowledge, expertise and experience to ensure you and your colleagues are confident and ready to support your trans patients.

“From my perspective it was a very insightful and thought-provoking session. Chay was a very authentic speaker and I really appreciated Chay sharing his own personal experiences which really helped me see things from a different perspective. Chay was able to provide some ideas around really simple day to day things we can do to help create positive experiences and create a sense of trust through allyship such as sharing pro-nouns. I hadn't realised such a simple step could have a positive impact on someone.”

*Board member at an ICB*

## Next steps

E-mail [info@transactual.org.uk](mailto:info@transactual.org.uk) to arrange a time to discuss your organisation's needs, your budget and to play your part in reducing health inequalities for trans people.